



White Hall

Nursing and Rehabilitation Center, LLC

620 W Bridgeport Street • White Hall, IL 62092 • (217) 374-2144

Our Leadership Team

Charles Turpin	Executive Director
Jordyn Blackletter	Director of Nursing
Qiana "Q" Swanson	Asst. Dir of Nursing
Makendra Steinacher	Rapid Recovery Manager
Shannon Beck	Director of Admissions
Kari Burton	Director of Therapy
Melissa Nichols	Business Office Manager
Elizabeth Winters	Social Service Director
Stacey Phillips	Social Service Asst.
Kayla Sharrow	Memory Unit Manager
Abigail Chavez	Activity Director
Amber McCarthy	Dietary Manager
Richard Hammon	Maintenance Director
Donna Wyatt	Housekeeping/Laundry



Left to Right: Susan Randall, Amy Schutz, Haley Rose and Melanie Davis-Baker. Not pictured is LeAnne Snider.

April Is OT Month

This month is Occupational Therapy Month, which spotlights the work of occupational therapists and OT assistants. Our team of professionals help our Residents live life to the fullest by improving their abilities to perform daily activities with specialized therapy, support and services.

April 2024



Delbert and his team of therapists.

Headed Home!

Another success story! Delbert "Sonny" Cardwell discharged home following his short-term rehab program. He chose Rapid Recovery following an illness & lengthy hospitalization. We enjoyed our time caring for him and wish him success and good health. We admit, we are a bit sad to see him go as we will miss him.

Here's what Sonny had to say - "When I came to the Rapid Recovery Unit I was really "down and out"! The nursing and therapy teams and my doctor have all been good to me, taking great care of me. If it wasn't for the ladies here, I wouldn't be strong enough to go back home. I'm sure going to miss them though."





Welcome to Our Team

Shannon Beck recently joined our team as the Director of Admissions. Shannon has a bachelor's degree in Healthcare Administration and experience in long-term care.

Her role will be to maintain relationships with hospitals, physician offices, and home health agencies. She will meet with referrals and their families to answer any questions about the services WHNRC offers, coordinate admissions between hospitals to the facility and assist both Residents and families with the transition into short-term rehab, long-term care or Memory Care.

She will also be involved in the community to educate on the services offered and to give back support to the community that supports us. Please feel free to reach out to Shannon at any time.

Shannon lives in Jerseyville with her husband, Carl Beck, and daughter. She says, "I'm so blessed to be part of a great team who care so much about the seniors they care for. I look forward to serving the community and surrounding counties as they seek quality healthcare."



Did You Know?

If you're not playing pranks on April 1, you're not celebrating National Fun Day, a day designed to keep the spirit of April Fools' Day alive. Other reasons for amusement this month include: Couple Appreciation Month, International Twit Award Month, Jazz Appreciation Month, National Humor Month, National Kite Month, Straw Hat Month and Laugh at Work Week (April 1-7).



Making Suncatchers in Therapy to Work Those Fine Motor Skills.



Leon Devriendt



Bob Walkington



Karen Dunlap



RESIDENT BIRTHDAYS

Donald Riley	April 13
Carl Robinson	April 22
Dorcas Fairfield	April 23
Betty Smith	April 26

EMPLOYEE BIRTHDAYS

Sheila Nicholson	April 4
Makendra Steinacher	April 5
Gail Wells	April 6
Sara Lorsbach	April 10
Sandy Lockhart	April 11
Kara Graham	April 11
Jacob Hinsey	April 13
Jannette Smith	April 18
Paige Baalman	April 19
Brenda Janus	April 23

Morgan Rusten	April 24
Jordyn Blacketter	April 25
Jessica Tupper	April 28

EMPLOYEE ANNIVERSARIES

Kari Burton	12 Years
Claudia Sweeten	9 Years
Brittany Matthews	8 Years
Sunshine Dawdy	2 Years
Jeffrey Mishanec	2 Years
Jacey Pate	2 Years
Leanne Snider	2 Years
Christina Beavers	1 Year
Blair Stewart-Long	1 Year
Danielle Thompson	1 Year

Thank You Kari, Claudia and Brittany for a Combined 29 Years of Service!



Getting Some Fresh Air

Sonny Cardwell was ready for some fresh air and the day was beautiful. Pictured is Sonny helping to get the garden area ready for the upcoming season. Sonny has since discharged home (see article on front page) but at this time he was taking advantage of his progress in therapy.



Liz Winters, Social Service Director, was the winner of the Spirit Lotto Board raffle sponsored by the staff Spirit Committee. Russell Plogger drew her the winning ticket. Congratulations, Liz!

"A dog is the only thing on earth that loves you more than they love themselves."
- Josh Billings



Therapy Mascot Rolo waits patiently while guarding the table for Pat Anthony & Jacey Pate, Speech Therapist, to complete their therapy session.



It's an intense game of Uno between therapist Haley Baalman and Elizabeth Hardwick. A simple, but fun, game of cards works a person's fine motor skills and cognitive skills.

Enjoying a Week of St. Patrick's Day Fun

Why celebrate for a day when you can celebrate all week! The highlight of the week was a "gold coin" scavenger hunt. Thank you to the staff who paired with residents, we're not sure who had the most fun!



Marshmallows make perfectly shaped shamrocks!



Finding gold coins in the most peculiar places!





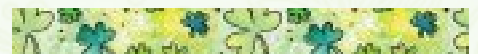
And the scavenger hunt begins!



**Always Be Yourself.
Unless You Can Be a
Leprechaun. Then, Be
a Leprechaun.**



Three Musketeers or 3
Leprechauns...maybe a bit of both!



Strawberry Shortcake Is What Happened in Therapy

Thanks to the Carrollton FFA strawberry delivery, our therapy session was making and enjoying strawberry shortcake. A delicious way to start spring!



Leprechaun or Jack of All Trades?! We appreciate Travis Chavez, Maintenance Asst. He does a bit of everything around

our facility with one of his most appreciated strengths being our System Administrator when it comes to helping with our computer systems. "Thank you" will never express the gratitude we have!



POWER of a Note

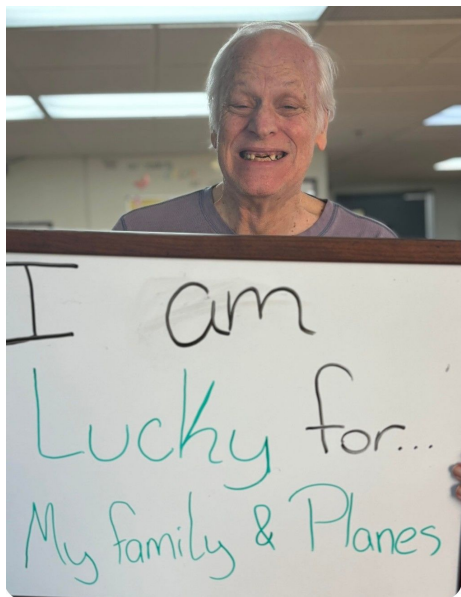
Put Pen to Paper

Celebrate National Card and Letter Writing Month in April by penning a heartfelt note to someone in your life. In today's digital world, the recipient will welcome the handwritten message.

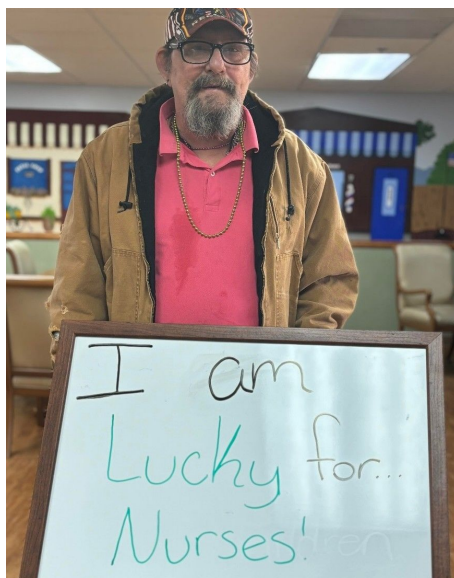
Note cards will be available in our front lobby to let that special someone know how appreciative you are for them. Be sure to grab one and jot something down. You can either deliver it yourself or leave it with Crystal VanMeter and we'll make sure they get it!



Residents Express What They Feel Lucky for

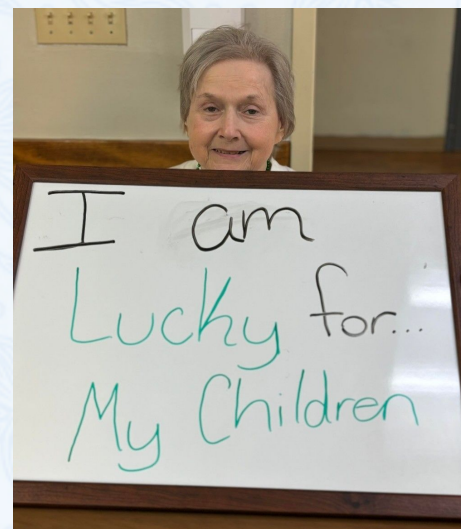


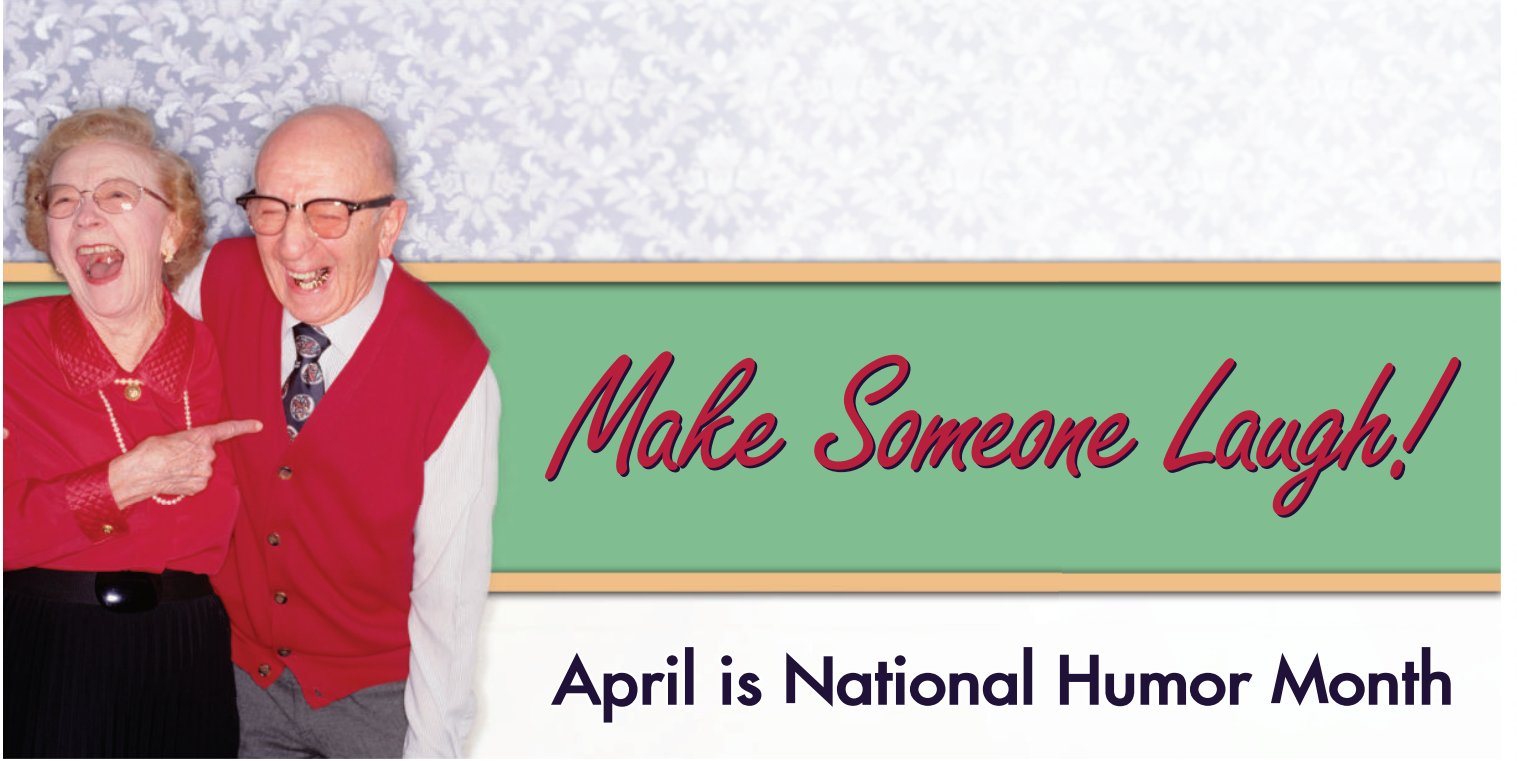
Don't turn your back on your staff! Charles Turpin found his office filled with balloons during National Long Term Care Administrators Week! Dept Heads also placed balloons on the walls with mug shots of their faces. He was also given a large gift basket of his favorite things! On behalf of residents & staff, thanks for all you do!



The Impact of Rolo

Nothing hits you in the heart the way babies and animals do. Rolo, our therapy mascot, captures the hearts of everyone! So much so, that Elizabeth "Mae" Chapman put her talent of crocheting to use and made Rolo his own "Mini Me" dog toy. What a special thing to do! Thanks, Mae!





Make Someone Laugh!

April is National Humor Month