



White Hall



Nursing and Rehabilitation Center, LLC

620 W Bridgeport Street • White Hall, IL 62092 • (217) 374-2144

Our Leadership Team

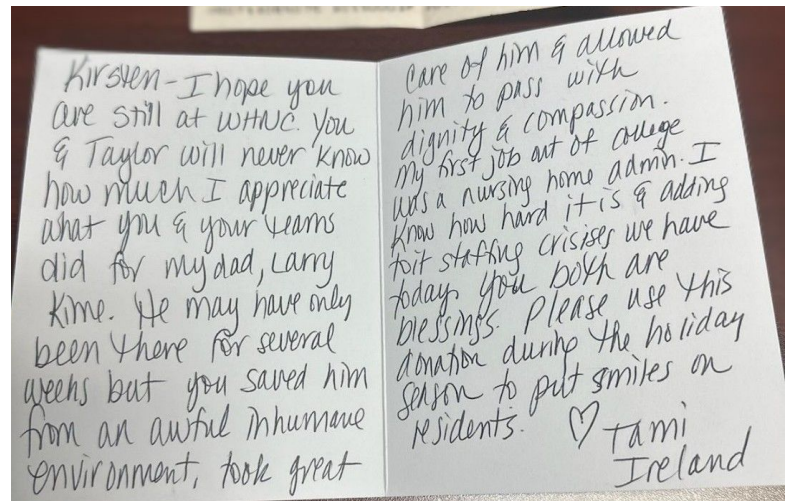
Charles Turpin	Executive Director
Elizabeth Rulo	Director of Nursing
Jordyn Blackketter	Asst. Dir. of Nursing
Makendra Steinacher	Rapid Recovery Manager
Kirstian Sethaler	Director of Admissions
Kari Burton	Director of Therapy
Melissa Nichols	Business Office Manager
Elizabeth Winters	Social Service Director
Stacey Phillips	Social Service Asst.
Kayla Sharrow	Memory Unit Manager
Kim Schutz	Activity Director
Amber McCarthy	Dietary Manager
Richard Hammon	Maintenance Director
Donna Wyatt	Housekeeping/Laundry
Lori Patton	Care Plan Coordinator
Arika Hull	Human Resource Director

December Greetings

Hello, and welcome to the busiest month of the year! We would like to wish our residents and their families a joyous season full of peace and love. We will be hosting a Christmas Family Night, please watch for your invite in the mail. Happy holidays, May your days be merry and bright!



December 2023



What a surprise to get this card & donation in the mail. Thank you Tami, your kind words of appreciation mean so much to our team here and your generous donation will bring so many smiles to the faces of our residents. We ensure that each resident receives at least one gift at Christmas.

Day in & day out, we talk, we laugh, we cry and we comfort them when they hurt. We go out of our way and get them things to make them feel comfortable. We dance, we play games, buy them their favorite snacks and enjoy a friendship so unfiltered.

At the end of the day when it's all said & done we're left with an empty bed as a reminder of who they use to be to us and what they meant to us. We cherish the memories, wipe the tears, get it together, put on a smile & go bring joy to the others that are still with us.

Some families appreciate us & some never feel like we are doing enough. Regardless, we still show up and do our best to make these twilight years the best they can possible be.

Halloween Fun

We have so much fun during the Halloween season. We participate in the Roodhouse Police & Drag-o-Way trunk-r-treat; White Hall business treat and, last but not least, we host our own Trunk-r-Treat for the community. This one brings us the most fun and warmth. The residents and staff team up and have different stations to treat the little ones of our community. To see the smiles, hear the laughter and view the darling and scary costumes warms our hearts.



Anxiously awaiting the arrival of the ghosts & goblins, princesses and superheroes.



Sue Bushnell hands out treats to the Officer



Our Wizard of Oz group



Meow, Cat Lady, Judy Northcutt



Kendra Wallis & daughter, Journee



Loraine Dawdy poses as a clown with Care Bear LeAnne Snider



Woody & Buzz Lightyear came for some treats from Bob Walkington



Jon Ulrey

Residents of our Memory Care expressed what they were thankful for! "Those blessing are sweetest that are won with prayer & worn with thanks." -Thomas Goodwin

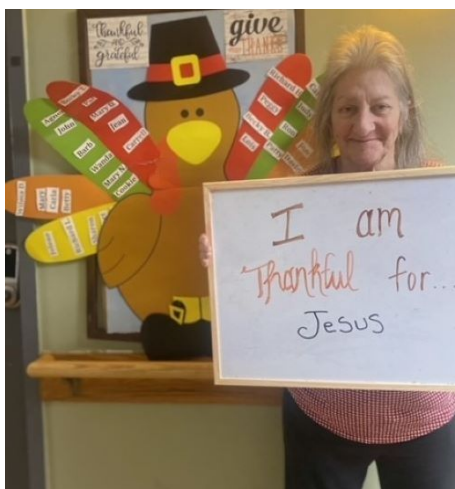


Carol Gillham



James Noel

always a welcome surprise.



Mary Nelson



Carrell Waters

Write a Letter

Celebrate National Letter Writing Day on Dec. 7. It's the perfect time of year to reach out to loved ones, and getting a handwritten letter in the mail is

Phone a Friend

Dial a pal on Dec. 28, National Call a Friend Day.



Our Care Bear Therapy Team

Thanks to our therapy team for always making days special for the residents. Therapy with this team is never dull! Therapy with this team may be hard work, but it's always fun work!



Care Bears were designed with different symbols on their tummies that represented their personality or power. Our Care Bear team represents those qualities well...they spread cheer & positivity, spread fun & happiness, promote compassion & understanding, they are very caring and supportive and take pride in helping others achieve their goals.

National Candy Corn Day

Angela Terrell gives a thumbs up as the residents celebrate National Candy Corn day. If you've never mixed candy corn and roasted peanuts you don't know what you are missing. This mixture tastes just like a PayDay candy bar. It's a common fall treat everyone enjoys.



Team Member Spotlight



October Employee of the Month

Our October employee of the month is Kayla Sharrow. Kayla has worked at WHNRC since June 2021. She also worked here in 2006 as a CNA prior to nursing school. Kayla was nominated by the staff because of her willingness to help out wherever needed. She is currently the Memory Unit Manager and goes above and beyond for her residents.

Her favorite part about working in long term care is the smiles from the residents when they see you every morning and working with a great team that is like family.

National Veterans Day

We take great pride in our Veterans entrusting us with their healthcare needs. We thank each and every one of them for their service to our country and giving us our freedom. In addition, we want to say thank you to their families for the sacrifice they gave in supporting their loved one as they served our country.

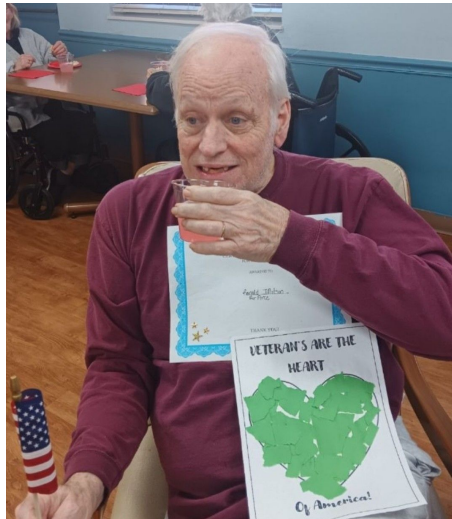
We hosted a Veterans Day Social where each Veteran was honored, presented a certificate of appreciation, a flag pin, a small flag and a heart picture made by the grade school children. Poems were read and patriotic songs sung.



Our group of Veterans



Karen Heberling is pictured with her husband, Veteran Richard Heberling, sharing in the Veterans Celebration.



Ronald Tillotson



Jim Piper



A Year Gone By

"How did it get so late so soon? It's night before it's afternoon. December is here before it's June. My goodness how the time has flown. How did it get so late so soon?" — Dr. Seuss

Craft Class

We did a new type of craft called "tape painting". We were very pleased with the outcome. Here are a few of the ladies showing off their finished result.



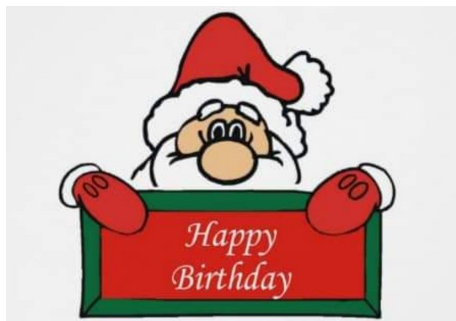
Mary Waid



Susan Bushnell

Season of Giving

"The measure of your life will not be in what you accumulate, but in what you give away." — Wayne Dyer



RESIDENT BIRTHDAYS

Iola Lockett	Dec 5
Mary Nelson	Dec 8
Pamela Stege	Dec 10
Delores Beams	Dec 16
Wilma Dalton	Dec 17
Donna Cox	Dec 18
Edith Smith	Dec 18
Mary Wallace	Dec 19
Daniel Martin	Dec 23
Howard Jacoby	Dec 25
Amber Gardner	Dec 30



Judy Northcutt, Patty Tomlin & Liz Hardwick



Daniel Hawkins Dec 31

EMPLOYEE BIRTHDAYS

Lance Foley	Dec 12
Leslie Maynard	Dec 13
Barbara Tupper	Dec 13
Sarah Rice	Dec 16
Ashley Daum	Dec 17
Korissa Woolsey	Dec 24
Cheyenne Eschbach	Dec 28
Brenn Killion	Dec 28
Lucinda Glick	Dec 30
Janessa Stice	Dec 31

EMPLOYEE ANNIVERSARIES

Arika Hull 1 Year

Congratulations, Arika!
We Are Blessed to Have
You as Part of Our
Leadership Team!



Deanna Lawrence





Laughter is the best medicine! You never know what we will try in activities! Carla Smith is pictured with Activity Asst, Sherri Sharrow, playing a new game/form of basketball.

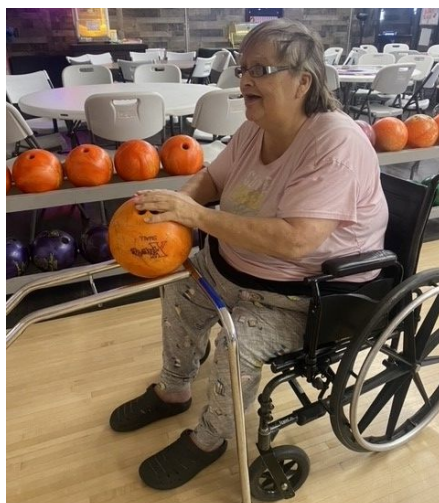


Remember When: Divinity Candy

Many people have sweet memories of the classic treat called divinity, so named because it tastes so divine. Snow white in color, the soft and chewy candy is similar to nougat and meringue and made by combining egg whites, sugar and corn syrup. The confection dates back to the early 1900s, when corn syrup was a new product, and companies that produced the sugar substitute provided recipes for divinity.



Dorothy Reno (background) and Mary Waid are pictured playing the new fast paced game, Headbanz. What a fun way to exercise your brain and reasoning skills. It's simply a guessing game, "What am I?" The person wearing the headband with a cartoon picture asks questions of the other players who reply with a simple "yes" or "no" before time runs out. Earn 5 scoring badges to win.

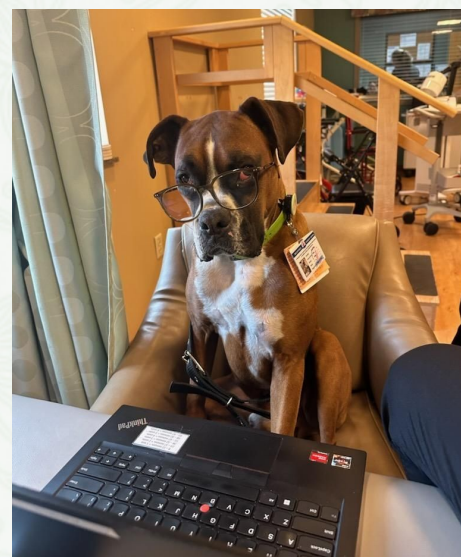


Pam Stege enjoys bowling during an outing to Martin's Lane



Therapy Dog Support

Chris Farris, therapy guest, completes a session of therapy with therapist, Lauren Lamperti. Therapy can be hard work but the outcome is worth the effort. Therapy dog, Rolo, is always close by providing support and encouragement with his presence.



Rolo thinks that the paperwork part of the job is the most "unfun" part of the job! "So don't we!" thinks every healthcare worker always.

