



White Hall

Nursing and Rehabilitation Center, LLC

620 W Bridgeport Street • White Hall, IL 62092 • (217) 374-2144

Our Leadership Team

| | |
|---------------------|-------------------------|
| Makendra Steinacher | Executive Director |
| Brittani Jackson | Director of Nursing |
| Makendra Steinacher | Rapid Recovery Manager |
| Kirstian Sethaler | Director of Admissions |
| Kari Burton | Director of Therapy |
| Melissa Nichols | Business Office Manager |
| Elizabeth Winters | Social Service Director |
| Stacey Phillips | Social Service Asst |
| Kayla Sharrow | Memory Unit Manager |
| Kim Schutz | Activity Director |
| Amber McCarthy | Dietary Manager |
| Richard Hammon | Maintenance Director |
| Donna Wyatt | Housekeeping/Laundry |
| Lori Patton | Care Plan Coordinator |
| Arika Hull | Human Resource Director |



Meet the Breakfast Club

"Make new friends but keep the old. Some are silver and some are gold!"

Friendship and socializing is good for the soul. The "breakfast club" on Rapid Recovery enjoys their mornings together! Pictured left to right: Karen Moore, Judith Williams, Martha Beams and Gary Adams.

August 2023



Mr. and Mrs. David Symes

Celebrating 49 Years

Lois and David Symes celebrated 49 years of marriage on June 29th. David was receiving therapy on our Rapid Recovery Unit following a hospitalization. In honor of their 49 years together, David took 49 steps with our physical therapy team today. Happy Anniversary to this delightful couple! Thanks for choosing us for your therapy needs.

2023 Homecoming Celebration

This year's Lion's Club Homecoming Celebration theme was "Rockin' Our Hometown." Per usual, we take pride in participating in community events & entered a float. This year we titled ours "Home of the Golden Oldies." Unfortunately, the heat prevented our residents from actually riding on the float. Thanks to all who helped prepare the float and volunteered to be walkers and distribute treats to the public along the parade route. Till next year!!!



Celebrating America's Birthday!

Thanks to the crew who worked July 4th and to the residents for celebrating America's birthday and displaying American Pride! Hope you enjoy our pictures from the day!



Housekeeping Crew: Stacey Dawber, Christina Beavers, Brenda Janus and Lance Foley



Becky Taylor and staff Alexis Smock



Patty Reynolds & Becky Barker



Wilma Kolberer



Wilma Dalton, Taylor Arnold & Barb Northcutt



RESIDENT BIRTHDAYS

| | |
|-------------------|--------|
| Roberta McKee | Aug 2 |
| Richard Heberling | Aug 3 |
| Helen Richmann | Aug 6 |
| Irma Berry | Aug 9 |
| David Scott | Aug 16 |
| Judith Williams | Aug 20 |
| Renee Kirby | Aug 27 |

Best of birthday wishes to all of you! As God blesses the great people in the world, we know you will be among them. Happy Birthday!

National Picnic Month

August is National Picnic Month and to celebrate we will be joining up with Calhoun Nursing & Rehab for a Picnic in the Park with the Residents. Good Food, Good Company and Fun Games will be enjoyed. Stay tuned for pictures from this fun day in our September issue.



Back to School

School will be starting again soon, so please be extra careful when you drive, making sure to slow down for school zones.



Jordyn Blacketter & Stephanie Hinsey

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A Trip to Brantzel's

What's one thing you can do to pleasantly pass a Friday afternoon? Visit Brantzel's and that's just what a group did. How nice it is to have this type of place in our small community. Everyone enjoys it.

The group consisted of Patty Tomlin, Loraine Dawdy, Robert Stugard, Judy Northcutt and Phyllis Bushnell. Ice cream and coffee were ordered although

most ordered a caramel frappe! YUM!



You're never too old to try something new and that's just what some of them did when trying their skill at ping pong. Phyllis Bushnell tries her luck at it.



Fourth of July Crew

A Great Mix

Who says therapy can't be fun?! When we mix it with gardening it can be rewarding, fun and rejuvenating in the fresh air & sunshine. We're sharing some of our favorite pictures from group therapy as they enjoy a beautiful morning to tend to the flowers and vegetables.



Therapist Haley Rose & Gary Adams



Haley and Martha Beams



Impatiently waiting for our tomatoes to ripen! What's your favorite way to eat homegrown tomatoes?



Haley and Karen Moore



Looking beautiful!



Leon Devriendt

National French Fry Day

Many people assume that French fries come from France, but in reality, they originated in Belgium. Americans learned about French fries during WWI when soldiers were stationed in Belgium.

On July 13th, we celebrated our love for French fries by enjoying steak fries, sweet potato fries, crinkle cut fries, seasoned fries & curly fries with all of the fixin's.

Leon is pictured with a plateful of this favorite treat!



A Classic Pie

Save room for a slice on Aug. 15, Lemon Meringue Pie Day.

Awww Shucks!

Shucking sweet corn is a common summer task in our area. Group therapy once again finds a way to make therapy fun and stir some memories. It's so good too!



Liz Hardwick, Gary Adams, Scotty Dilts and Karen Moore



Liz Hardwick, Gary Adams, Scotty Dilts, Becky Barker & Karen Moore

Brainteaser

Question: A pitcher in a baseball game faced only 27 batters, and he struck out every batter. He allowed no hits and no runs, yet his team lost by a score of 3-0. Can you explain how this could happen?

Answer: The pitcher came in as a relief pitcher.

Employee of the Month



Bobby Jo Woosley was chosen for April Employee of the Month. She was chosen by her peers.



Linda Brown was chosen by her peers as the June Employee of the Month.

Make 'em Laugh

LOL! Aug. 16 is Tell a Joke Day!

Congratulations Employee

The staff of WHNRC submit names monthly for Employee of the Month. It's such an honor to be chosen by your peers.

Pictured below are the April & June Employees of the Month. Bobby Jo Woosley was chosen for April, Sam Newingham for May and Linda Brown for June. All three are Certified Nursing Assistants and display exemplary teamwork, readiness to help and go that extra mile, are loved by the residents and an overall asset to our team. Congratulations to each of you. We were unable to get a picture of Sam and for that we apologize.



Immunization Awareness

August is Immunization Awareness Month and a good time to check with your physician to make sure you are up to date on all of your vaccinations. Remember, flu season is approaching, and it's important to get your flu shot when it becomes available.



Executive Director, Taylor Arnold, and her Uncle, Richard Heberling enjoying some family time on July 4th.



Alexis Smock and Stacey Bryant celebrating the 4th while working! Happy Birthday, America!

Celebrating Older Adults

National Senior Citizens Day on Aug. 21 celebrates the older generation and their contributions to their families, communities and country. Watch our calendar to see what special things we will do.



The warmest of wishes to some great members of our team. May your special day be full of happiness, fun and cheer!

EMPLOYEE BIRTHDAYS

| | |
|--------------------|--------|
| Maggie Long | Aug 2 |
| Katie Hodgson | Aug 2 |
| Sierra Thomas | Aug 6 |
| Donna Wyatt | Aug 9 |
| Claudia Sweeten | Aug 11 |
| Emily Schneider | Aug 17 |
| Loretta Bauser | Aug 22 |
| Tiffany Sisk | Aug 22 |
| Blair Stewart-Long | Aug 23 |

| | |
|-----------------|--------|
| Alex Sharrow | Aug 23 |
| Travis Chavez | Aug 25 |
| Sheila Plackett | Aug 26 |
| Rayla Murphy | Aug 28 |
| Jason Lott | Aug 30 |
| Destiney Cates | Aug 31 |



EMPLOYEE ANNIVERSARIES

| | |
|----------------------|----------|
| Stacey Heckrodt | 31 Years |
| Kim Schutz | 8 Years |
| Brenda Peters | 5 Years |
| Jason Lott | 4 Years |
| Mackendra Steinacher | 3 Years |
| Lance Foley | 2 Years |
| Brandi Stugard | 1 Year |
| Miranda Tapley | 1 Year |
| Brittani Jackson | 1 Year |



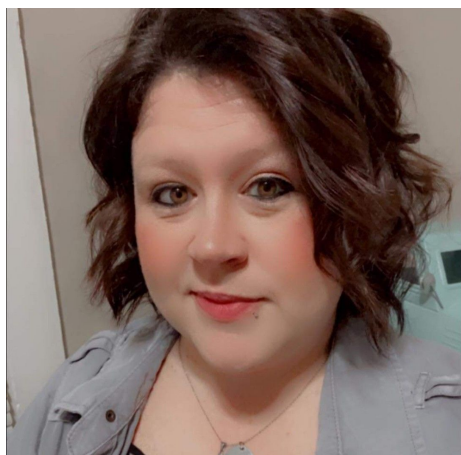
Corn Hole Game

The shade of the front porch with a gentle breeze blowing is a perfect place to enjoy fresh air and have a friendly competition

of corn hole and sip on some lemonade.



Team Member Spotlight



Crystal VanMeter

Face & Voice of WHNRC

If you're familiar with WHNR you need no introduction to the face and voice of WHNR: it is Crystal VanMeter, Accounts Payable/Receptionist. She is the first voice you hear when calling our facility and the first face generally seen when entering our Home.

Having been part of our team for 14 years she is a "jack-of-all-trades." She is a certified nursing assistant providing quality care to our residents for a number of years. She has also worked in Social Services.

Crystal has many attributes some of which are positivity, reliability, adaptability, motivated, willingness to always step in and help, a great work ethic, good interpersonal skills, and simply fun to work with.

She is thought highly of by her coworkers.

Thank you for all you do Crystal, we are very appreciative of your willingness to help us out on top of your own responsibilities.

Crystal is the daughter of Ruth VanMeter, who was a long term employee here at our facility. She has one daughter, Kaydence, and lives in White Hall. She is marrying her best friend, James Conner, on August 5th.



A group of residents took a trip down to the Hillview Cafe on July 4th to play bingo. Thank you to Eddie Lawson for putting on such a nice 4th of July event in Hillview. This small town has a big history in our community. The residents recalled many memories while enjoying the day.



Thank You for Your Support

We want to say thank you to our friends and community for the response to our "You've Been Flocked" fundraiser. We were pleasantly surprised by the numerous calls received and the fun our community and we had with this fun event. Due to the ground becoming so hard, we found it difficult to get the flamingos in the ground so we took a break, but we will resume in September with the requests we didn't get to.



Lorraine Dawdy is pictured on Hawaii Day as we celebrated with fresh pineapple, mango, apple slices and punch during a game of bingo and a photo backdrop. July 5th celebrates Hawaii becoming the 50th state of the U.S.

