



White Hall

Nursing and Rehabilitation Center, LLC

620 W Bridgeport Street • White Hall, IL 62092 • (217) 374-2144

Our Leadership Team

Taylor Arnold	Executive Director
Brittani Jackson	Director of Nursing
Makendra Steinacher	Rapid Recovery Manager
Kirstian Sethaler	Director of Admissions
Kari Burton	Director of Therapy
Melissa Nichols	Business Office Manager
Elizabeth Winters	Social Service Director
Stacey Phillips	Social Service Asst
Kayla Sharrow	Memory Unit Manager
Kim Schutz	Activity Director
Amber McCarthy	Dietary Manager
Richard Hammon	Maintenance Director
Donna Wyatt	Housekeeping/Laundry
Lori Patton	Care Plan Coordinator
Arika Hull	Human Resource Director



Balloon Launch

June 2023



National Nursing Home Week Ribbon Cutting

National Nursing Home Week was celebrated May 14 - 20th with a theme "Cultivating Kindness". An annual tradition, we kicked off the week with a ribbon cutting ceremony and balloon launch. White Hall Police Chief Luke Coultas and Greene County Sheriff Rob McMillen joined us for the ribbon cutting.

That afternoon, the staff held a friendly game of kickball with the residents cheering on their favorite team. Of course, laughter was in abundance!

Thank you to all the staff, residents and community members that helped make this such a special week. We had so much fun—we're tired, but already planning next year's celebration!

Beautiful Life

Make time to reflect on all that makes your life and the world beautiful. Surround yourself with family, friends or your favorite things and celebrate National Making Life Beautiful Day on June 11.



The Winning Kickball Team



Angela Terrell with her Mexican tissue flower she made.



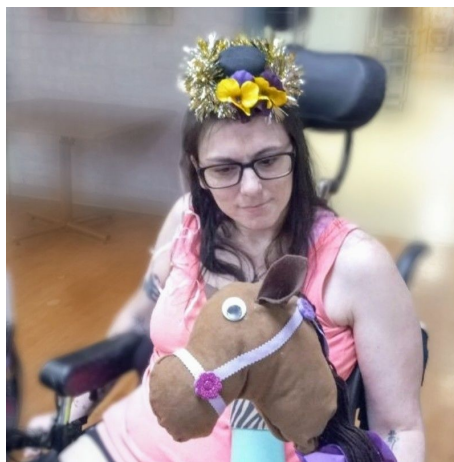
Doretha Reno with her homemade maracas



It was the first time we created our own Kentucky Derby here at WHNR. The ladies gathered and made hats to sport at the races. Thanks to the staff that hopped aboard the horses and gave a good show!



And the Kentucky Derby Race is on!



Crystal Obrias sports her Kentucky Derby hat she made and is ready for the races.



Judy Northcutt (above) and Phyllis Bushnell paint birdhouses that the North Greene shop class presented to the residents.



Watch for the announcement of our Father's Day Celebration.

Happy Birthday

RESIDENT BIRTHDAYS

Wilma Rich	June 11
Angela Terrell	June 12
Joyce Clevenger	June 17
Mary Bell	June 19
Robert Chumley	June 30
David Symes	June 30

"Our age is merely the number of years the world has been enjoying us!"



William Dawdy receives some special attention before starting his therapy session!



FUNDRAISER-

Do you have someone you would like to "Flock"? The staff is hosting a fundraiser where you can do just that! Join in the fun, play a prank on a family member or friend and hopefully put a smile on their face! The cost is \$20 and will be put toward the Christmas Party.

Call 374-2144 and ask for Crystal VanMeter, DeDe Dawdy or Donna Wyatt. Drop off your money, provide the address and date you'd like to "FLOCK" someone, and the ladies will be stealth in setting the scene on their front lawn.



If Mother's Were Flowers, I'd Pick You



Kari Burton's daughters assist at the Mother's Day Tea. Attendees were able to choose a flower, paint a flower pot, and plant the flower.



Theresa Albrecht and daughter at the Mother's Day Tea



Judy Rusten & daughter, Hallie



3 Generations - Judy Northcutt with daughter Donetta & granddaughter Erica

God Could Not Be Everywhere, Therefore He Created Mothers



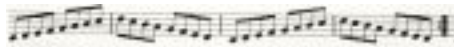
Band Left Hand Cowboy from Bethalto



Francis Bridgewater, Shelby Painter and Arika Hull enjoy the music and snacks.



Good music makes your feet want to dance. Cookie Northcutt and Richard Hammond cut a rug on the porch!



Heather Smock, Cookie Northcutt & Marry Nelson enjoy friendship & dancing to the tunes!

Giving Back to Our Community

May 14-20 was National Police Week and we presented each department in Greene County with a meat tray, veggie tray, fruit tray, and some specially decorated cookies in appreciation for all they do for our communities. May God Bless and Protect them!



White Hall Police Dept - Jordan Wicker & Luke Coultas



Greene County Sheriff Office - Rob McMillen & Cale Hoesman



In celebration of NNHW, morning stand-up meeting with Dept. Managers was hosted at Brantzel's. Not only did Taylor Arnold want to show appreciation for her managers, but also support the new local business.

Family Circus Day

We ended National Nursing Home Week with an event for our Residents, Family and the Community! The weather tried to damper it a bit, but overall we think it was successful and enjoyed by all. We are so appreciative of the support this community shows to the events we host. Our residents love watching kids have fun and it brings back so many memories of raising their family.



Janice Hardwick poses with the clowns!



Sherri Sharrow, Debbie Broers, Janice Hardwick and Judy Northcutt enjoy family circus day food & watching the kids.



The smile on her face says it all! Physician Asst. Megan Skolasinski's daughter, June, enjoyed all the fun and games. June is also the granddaughter of retired Medical Director Randy Voigts.

Celebrating A Successful Return Home



Dorothy Godair completed her therapy program and was able to return home. Dorothy said she got very good care. "The therapy was so good and without the therapists & their program, I wouldn't be celebrating going back home."



Victor Rector & his wife, Lynda, at the Mother's Day Tea!

CULTIVATING KINDNESS

Thursday, May 14th, recognized local farmers and florists. We asked those in the community that were thinning their plants at home to consider donating a starter plant to our residents. In conjunction with this, we celebrated local farmers asking them to drive through our Home, say Hi, and grab a sack lunch on us. Thanks to the community for helping us cultivate kindness through the community.



Judith Vanbebber also celebrated a return home. She wanted to thank everyone for her care. "Everyone was so kind and respectful. I had a very good experience." We wanted to thank her for her involvement in so many aspects of our daily happenings.



It was a wild, but fun, kickball game!



Sherri Sharrow and Brenda Janus stop to pose for a picture during the playing of Hippy Bingo.



Larry Weaver tries his luck at tie-dyeing!



EMPLOYEE BIRTHDAYS

Cheena Depper	June 1
Christina Beavers	June 11
Brandi Stugard	June 18
Chloe Schutz	June 19
Riyhlie Hale	June 21
Stacy Bryant	June 24
Danielle Thompson	June 27
DeDe Gaffney	June 27

WHNR Takes Pride in Our Employees That Return Back to Their Work Home

EMPLOYEE ANNIVERSARIES

Nancy Willenberg	32 Years
Kayla Murphy	16 Years
Amber Leach	7 Years
Margaret McClenning	6 Years
Janessa Stice	3 Years
Taylor Hunnicutt	2 Years
Lauren Lamperti	2 Years
Haley Rose	2 Years
Kayla Sharrow	2 Years
Elizabeth Chapman	1 Year
Randy Fry	1 Year
Lucinda Glick	1 Year
Karlie Lane	1 Year
Ashley Lefebvre	1 Year
Heather Smock	1 Year
Korissa Woolsey	1 Year



Mary Bell waits to finish her other tie-dye sock!



Sittin' and Sippin'

Summer days are made for sitting outside and sipping a refreshing glass of iced tea or lemonade. Join us for a cool beverage and neighborly chat as we relax on the patio. See the activities calendar for dates and times. Driving by our place ... come sit with us and visit!



Memory Care

Dementia Care Professionals Month

June is Dementia Care Professionals Month. Not everyone can be a care provider for a person with dementia. It takes a special kind of person with patience perseverance, and deep kindness of heart. Our Memory Care providers are among people who fit this bill—it has been said that they were born for this job.

During this special month, we wanted to share a few tips for family caregivers who are caring for a loved one who is living with dementia.

- Never correct a person with dementia - Unless it's for the personal safety of the person; however, all a correction does is cause them to be upset
- Use affirmation therapy - you can help make someone with dementia feel more comfortable by affirming their reality. If they ask when their husband is coming home, although he's been dead for years, affirmation therapy might be asking what he does for work, etc. By asking questions, you're affirming to them that their reality is real & eases

communication in other respects.

- Attitude Matters - how you say things rather than what is actually said. An upbeat & positive attitude including body language & facial expressions should all be kept positive, too.
- Keep it Simple - Open-ended questions are often too difficult. Questions that can be answered with a "yes" or "no" are the easiest to answer & makes communication much smoother.

We'd like to recognize the warm-hearted & caring people who work for us, and who do their best every day to make our residents comfortable.



Memory Walk Fundraiser

To show our support for our Memory Care Neighborhood and our Residents, we are selling T-shirts to raise money to help fight this disease. To order yours, please give us a call and ask for Kayla Sharrow or Kendra Wallis. \$20 each Youth-Adult XL \$22 (2X-3X) and \$24 (4X)



National Nursing Assistant Week

This month we honor our Nursing Assistants. The theme for this year's special week, June 15-21st is "We're Unstoppable". We want to celebrate, recognize, and pay respect to the incredible work our team of CNAs and the nearly 1 million-strong do every day for the elders and people with disabilities. Be sure to thank them in your passing!



National Nurses Week

May 6-12th we celebrated our nurses and all that they do for our Residents and Home. Each nurse received a gift and a personalized cookie. A coffee bar dessert bar and a massage therapist was present to give a bit of pampering.



Thank You, Dads

We'd like to say Happy Father's Day to all the dads in our community. We appreciate all you do.

