



White Hall

Nursing and Rehabilitation Center, LLC

620 W Bridgeport Street • White Hall, IL 62092 • (217) 374-2144

Our Leadership Team

Taylor Arnold	Executive Director
Kayla Sharrow	Director of Nursing
Brittani Jackson	Asst Dir. of Nursing
Makendra Steinacher	Rapid Recovery Manager
Kirstian Sethaler	Director of Admissions
Kari Burton	Director of Therapy
Melissa Nichols	Business Office Manager
Elizabeth Winters	Social Service Director
Stacey Phillips	Social Service Asst
Lori Patton	Memory Unit Manager
Kim Schutz	Activity Director
Amber McCarthy	Dietary Manager
Richard Hammon	Maintenance Director
Donna Wyatt	Housekeeping/Laundry
Tracy Smith	Care Plan Coordinator
Arika Hull	Human Resource Director

Employee of the Month

We are pleased to restart our Employee of the Month program in 2023. At the end of each month, the employees will submit a co-worker's name that they feel displayed exemplary performance in caring for our residents and support of their co-workers.

The employee must display teamwork, commitment, dependability, compassion and quality of care. The winner receives a gift basket and a Certificate of Excellence.

An Irish Wish

"May your thoughts be as glad as the shamrocks. May your heart be as light as a song. May each day bring you bright, happy hours that stay with you all the year long." —Irish saying

March 2023



Sarah Tupper-Jan Employee of the Month

Sarah Tupper was nominated as the January Employee of the Month by her peers for being an outstanding CNA and a huge asset to our team. Sarah has been employed at WHNR for 3 years and has 5 years' experience as a CNA. Her peers wrote, "She is always caring with a great heart for her residents. She's always on the go and works really hard."

Congratulations, Sarah; you are very deserving of this nomination!



Jacey Pate, therapist, & Mary Wallace

Therapy Is at It Again

Our therapy crew and the therapy residents enjoyed making Valentine Bags for each other! Fun, friendship and laughter!



Lila Pepper

There is nothing better than a **friend**, unless it is a **friend with chocolate.**

LINDA GRAYSON

Valentine's Fun

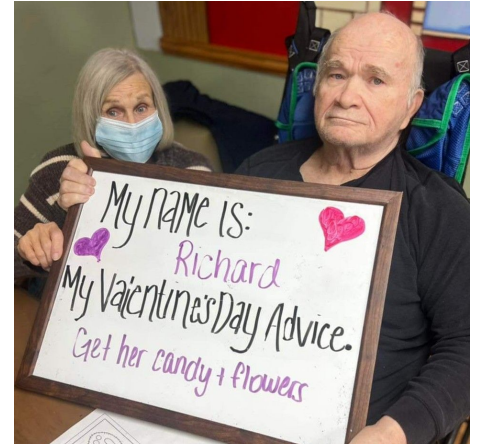
WHNR was a busy place with all types of happenings for Valentine's Day. The month of Feb. is a great month for love, chocolate, friendship and cherishing those who are important to you! Check out all that we had going on!



Frances Bridgewater



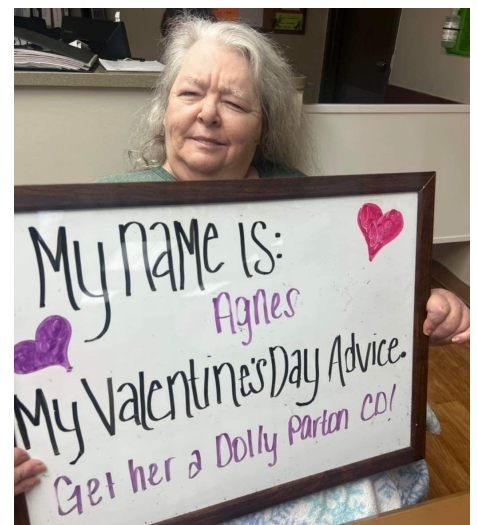
Rose Parker and husband



Richard & Karen Heberling



Raymond Watkins & wife



Agnes Taylor



RESIDENT BIRTHDAYS

Rebecca Taylor	March 3
Joseph Gross	March 6
Frances Ballard	March 7
Carrell Waters	March 12
Jane Travis	March 13
Carole Weder	March 16
Phyllis Dixon	March 18
Jolene Brannan	March 24
Mark Pyatt	March 28

EMPLOYEE BIRTHDAYS

Margret McClenning	March 4
Tori Pennington	March 4
Kari Burton	March 6

Diedre Kirchner	March 6
Leanne Snider	March 8
Karlie Lane	March 9
Stephanie Parks	March 9
Mark Sharrow	March 11
James Jackson	March 12
Justine Eilerman	March 24
Haley Rose	March 26

Employee Anniversaries

Christal Williams	24 Years
Amy Schutz	14 Years
James Jackson	11 Years
Kendra Wallis	3 Years
Toni Gray	2 Years
Amber McCartney	2 Years
Tracy Smith	2 Years
Danielle Wojcik	2 Years
Susan Randall	1 Year
Donna Scoggins	1 Year
Hannah Goeller	1 Year



Mary Wallace & Charles Sweeten

Art Therapy-Fine Motor Skills

Physically, art therapy helps seniors maintain fine motor skills. For those who suffer with arthritis, art therapy has been

shown to positively impact pain perception: focusing on their art distracts them from swollen joint pain. Fine motor skills of the hand are important with daily activities, such as buttoning a shirt, unlocking doors or selecting coins from a wallet.

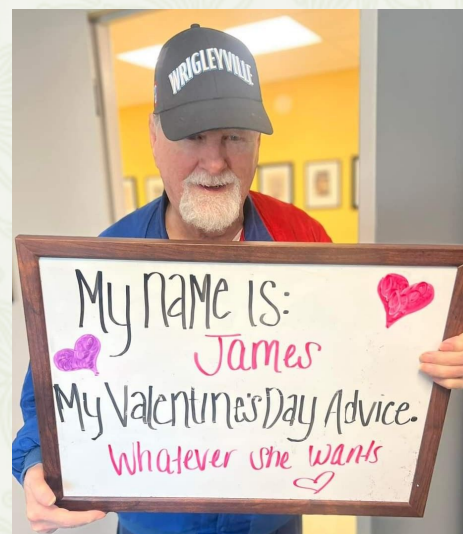


Dixie Turpin and Emily Schneider,
Physical Therapy Asst.



A special thank you to Christal Williams, Amy Schutz & James Jackson for the years of commitment and dedication you have given to WHNR & the residents over the years.

Each month we see employees who joined our team celebrating their first, second or third year of employment. In 2020, our world changed and healthcare faced struggles & hard times like never seen before. We are so proud and blessed for the staff at WHNR and its people, like the ones celebrating anniversaries this year who are adding to and creating a dynamic team here at WHNR. We re so thankful for each of you!



James Keuhnel

Happy Doctors' Day-March 30



Medical Director, Michael McNear, and Dr. Renan Mapue

March 30th of each year, National Doctors' Day honors the professionals for their dedication and contributions to their patients and their communities. Here at WHNR we feel blessed and greatly respect our two physicians who provide care to our residents and to many of us as individuals.

Physicians serving small rural communities and facilities are sometimes more like family and often friends with many within the communities they serve.

This month, we want to shout out a huge **"thank you"** to Dr. McNear and Dr. Mapue for all they do! If you happen to cross their path, not only this month, but at any time, be sure to express your appreciation, too!